

# GVRA -G.R.O.W. Getting Ready for Opportunities in Work

## VR Pre-ETS Program

- **Monday – Self-Advocacy**  
On the Job accommodations  
Responsibility for online and social media activity
- **Tuesday – Work Readiness Training**  
Job Seeking Skills (resumes and applications)  
Work Behaviors
- **Wednesday- Job Exploration**  
Local Labor market information  
Panel of local employers
- **Thursday- Work Based Learning**  
Virtual/ in-person tours  
Presentations by employers
- **Friday – Counseling**  
Post- Secondary Enrollment  
TCSG/USG FAFSA & types of aid

### Overview:

G.R.O.W. is a weeklong experiential program that exposes the participant to all five of the required areas under WIOA. Each day will be filled with experiences from one of the five areas; Self-Advocacy, Career Exploration, Workplace Readiness, Counseling on Post-Secondary Opportunities, and Work Based Learning Experiences. It is meant to be delivered in the community in which the individuals reside in

Schools, Parents, Students and current GVRA Providers interested in participating should contact the GVRA VR local office for more information.

**Contact GVRA – Local Office for more information Contact**

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